



Sigma 33 Offshore One-Design Class Championship 2024

Wednesday 19th - Sunday 23rd June

concurrently with the

Ballad UK Class National Championship 2024

Friday 21st - Monday 24th June

Organising Authority (OA): RCYC Sailing Ltd,
Falmouth, Cornwall, UK

in conjunction with
the Sigma 33 OOD and UK Ballad Class Associations

SAILING INSTRUCTIONS

Abbreviations:

[NP] - A breach of this rule will not be grounds for protest by a boat.

1. RULES

- 1.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
(a) A rule in the sailing instructions shall take precedence over a rule in the notice of race.
This changes RRS 63.7.
(b) Other changes to the RRS are described in the relevant sailing instructions.
- 1.2** The official language is English..

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least two hours before the first scheduled warning signal for the first race on the day it will take effect, except that any change to the schedule of races will be posted before 2000 on the day before it will take effect.

3. COMMUNICATION WITH COMPETITORS

- 3.1** The race office is located within the Royal Cornwall Yacht Club.
- 3.2** The online noticeboard is located at:
<http://www.royalcornwallyachtclub.org/official-noticeboard-sigma33&ballad/>.
- 3.3** There will not be a physical noticeboard..
- 3.4** On the water, the race committee intends to monitor and communicate with competitors on VHF channel **77**.
- 3.5** The race committee will use the event WhatsApp group to communicate informally with competitors.
- 3.6** [DP] Except in an emergency, from the first warning signal until the end of the last race each day a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats, unless using equipment provided by the OA.

4. CODE OF CONDUCT [DP]

Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the signals mast at the RCYC ([Webcam](#) | [The Royal Cornwall Yacht Club - Falmouth](#)).
- 5.2 When flag AP is displayed ashore "1 minute" is replaced by "not less than 75 minutes" in Race Signals AP. Boats are requested not to leave the marina until flag AP is lowered.
- 5.3 When flag L is displayed ashore it will be displayed only for the first day that the relevant notice to competitors comes into effect. This changes race signals L.

6. SCHEDULE OF RACES

6.1 Schedule

Date	Activity	Time	Tide
Wednesday 19 th June	Sigma registration	1500-1700 at RCYC	-
	Sigma briefing	1800-1830 at RCYC	-
Thursday 20 th June	Sigma final registration	0830-0900 at Falmouth Watersports Centre	LW 1111 1.2m HW 1704 4.7m
	Sigma morning briefing	0930 on pontoon	
	Sigma up to four races back-to-back	First warning signal not before 1055	
	Sigma peer inspection	After racing at Marina	
	Sigma daily prize-giving	1900 at NMMC	
	Ballad registration	1600-2000 at RCYC	
Friday 21 st June	Sigma morning briefing	0930 on pontoon	LW 1156 1.0m HW 1745 4.8m
	Up to four races back-to-back	First warning signal not before 1055	
	Sigma daily prize-giving	After racing on pontoon	
	Ballad final registration	1400-2000 at RCYC	
	Ballad briefing	2000 at RCYC	
Saturday 22 nd June	Morning briefing	0930 on pontoon	HW 0610 4.7m LW 1241 0.9m HW 1627 4.9m
	Sigma up to four races back-to-back	First warning signal not before 1055	
	Ballad Race 1	First warning signal not before 1330	
	Ballad Race 2	First warning signal not before 1330	
	Ballad Reserve Race ⁽¹⁾	After previous race	
Sunday 23 rd June	Sigma daily prize-giving	1830 at RCYC	HW 0656 4.7m LW 1225 0.9m HW 1911 5.0m
	Morning briefing	0830 on pontoon	
	Sigma up to two races back-to-back	First warning signal not before 1000	
	Ballad Race 3	First warning signal not before 1055	
	Ballad Race 4	First warning signal not before 1330	
	Ballad Reserve Race ⁽¹⁾	After previous race	
	Sigma daily and series prize-giving	After racing (~1430) at RCYC	
Ballad prize-giving (and class dinner)	RCYC at 1900		
Monday 24 th June	Ballad morning briefing	0900 on pontoon	HW 0741 4.8m LW 1409 0.8m
	Coastal pursuit race (starting on RCYC club line or PoFSA line between Pendennis Point and Black Rock)	First warning signal not before 0955	

Note 1: Two Ballad races will normally be sailed each day. A reserve race may be sailed after the second race on either Saturday or Sunday if required to maintain the schedule in the event of adverse circumstances, e.g. weather conditions.

- 6.2 The warning signal for a succeeding race will be made as soon as practicable. To alert boats that a race will begin soon, the orange starting line flag will be displayed with one sound approximately five minutes before a warning signal is displayed.
- 6.3 No Sigma warning signal will be made after 1230 on Sunday 23rd June.

7. CLASS FLAG

- 7.1 The class flag displayed at the Sigma warning signal will be International Code “E”.
- 7.2 The class flag displayed at the Ballad warning signal will be International Code “Q”.
- 7.3 Boats are not required to display the class flag.

8. RACING AREAS

- 8.1 Racing will take place in Falmouth Bay or adjacent waters to the east. If conditions in the Bay are unsuitable racing may be held within the estuary (see addendum A).
- 8.2 The day’s initial course area will be announced at the morning briefing.

9. COURSES

The diagrams in addendum B shows the course, the order in which marks are to be passed, and the side on which each mark is to be left. The course signal and approximate bearing of the windward mark will be announced by VHF. Failure to hear this broadcast will not be grounds for redress. This changes RRS 62.1(a).

10. MARKS

- 10.1 Marks 1, 2, 3p and 3s are red inflated cylinders.
- 10.2 Mark 1a is a yellow inflated dumpy cylinder.
- 10.3 A new mark as provided in SI 13.1 will be a red inflated cylinder with a black band.
- 10.4 The mark at the starboard end of the start line is the race committee signal vessel. The mark at the port is an orange inflatable cylinder.
- 10.5 The finish line marks are the race committee signal vessel at the starboard end and a dan buoy displaying an orange flag at the port end.

11. OBSTRUCTIONS [DP][NP]

- 11.1 Military and Commercial shipping. Moving exclusion zones exist around military and commercial vessels restricted in their ability to manoeuvre or constrained by their draft. Such exclusion zones extend to 100m on all sides of the vessel and include tugs, pilot boats and race committee boats escorting the vessel. Boats shall not enter the exclusion zone.
- 11.2 Diving activity. Thirty metre exclusion zones exist around a dive boat displaying IC flag A, an orange pillar mark indicating a diver beneath the surface, and a diver on the surface. Boats shall not enter the exclusion zone.

12. THE START

- 12.1 The starting line will be between the staff displaying an orange flag on the starboard end mark and the course side of the port end mark.
- 12.2 A boat starting later than 5 minutes after the starting signal will be scored DNS. This changes RRS A4.

13. CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by the original mark.
- 13.2 Marks may be moved by not more than 200m and/or 10 degrees without signalling. This changes RRS 33.

14. THE FINISH

The finish line is between the staff displaying a blue flag on the starboard end mark and the course side of the mark at the port end.

15. PENALTY SYSTEM

RRS 41 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

16. TIME LIMITS AND TARGET TIMES

16.1 Time limits and target times are as follows:

	Time Limit	Finishing Window	Target Time
Sigma 33	90 mins	15 mins	50 mins
Ballad	120 mins	15 mins	90 mins

16.2 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalised or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

16.3 To expedite the start of the next race, the Race Committee may score any boat apparently still racing TLE before the Finishing Window expires. Boats affected will be notified by VHF and on receipt of the notification should immediately make their way to the starting area. A boat so scored TLE, and not subsequently retiring, penalised or given redress, shall be scored points for the finishing place one more than the points scored by the last boat that finished ahead of her. This changes RRS 35, A5.1, A5.2 and A10.

16.4 Failure to meet the target time will not be grounds for a request for redress. This changes rule 62.1(a).

17. HEARING REQUESTS

17.1 The protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later. The time limit will be published on the official notice board and repeated on WhatsApp

17.2 Hearing request forms are available at registration and on the pontoon at Falmouth Haven. Protests and requests for redress or reopening shall be delivered to the race office, or a photograph of the completed form posted on WhatsApp.

17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the designated protest room located at the RCYC beginning at the time posted.

17.4 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).

17.5 Adding to RRS 66, if race signal "N over A" is displayed ashore on the last scheduled day of racing a request for reopening a hearing shall be delivered not later than 30 minutes after the signal is displayed.

18. SCORING

18.1 See NoR 15.

18.2 To request correction of an alleged error in posted race or series results, a boat shall complete a scoring enquiry form available at registration and at the race office.

19. SAFETY REGULATIONS [DP][NP]

19.1 Boats not leaving the berth for a scheduled race shall promptly notify the race committee by calling 07768 157 287 or by posting a message to WhatsApp.

19.2 On arrival in the racing area, boats shall, while sailing on starboard tack, pass under the stern of the race committee signal vessel. Boats that have not yet hoisted sails shall call out their number.

19.3 A boat that retires from racing shall notify the race committee before leaving the racing area.

20. REPLACEMENT OF CREW OR EQUIPMENT [DP]

20.1 Substitution of competitors is not allowed without prior written approval of the race committee. Requests shall be made on a form available at registration and at the race office.

20.2 Substitution of damaged or lost equipment will not be allowed unless approved by the race committee. Requests shall be made to the committee at the first reasonable opportunity.

21. EQUIPMENT AND MEASUREMENT CHECKS [DP]

See NoR 10.

22. SUPPLIED BOATS

Not applicable to this event.

23. OFFICIAL VESSELS

23.1 The race committee signal vessel is the 9m white-hulled sloop “Kioni”.

23.2 Official vessels will be identified as follows:

Race committee signal vessel
Mark-layers

Name on banners on guard rails
Letters “RCYC” on hull

24. SUPPORT TEAMS [DP]

Not applicable to this event.

25. TRASH DISPOSAL

Trash shall be landed ashore.

26. BERTHING [DP]

See NoR 18.

27. HAUL OUT RESTRICTIONS [DP]

See NoR 19.

28. DIVING EQUIPMENT AND PLASTIC POOLS [DP]

See NoR 20.

29. PRIZES

See NoR 25.

30. RISK STATEMENT

See NoR 23.

31. INSURANCE

See NoR 24.

Addendum A

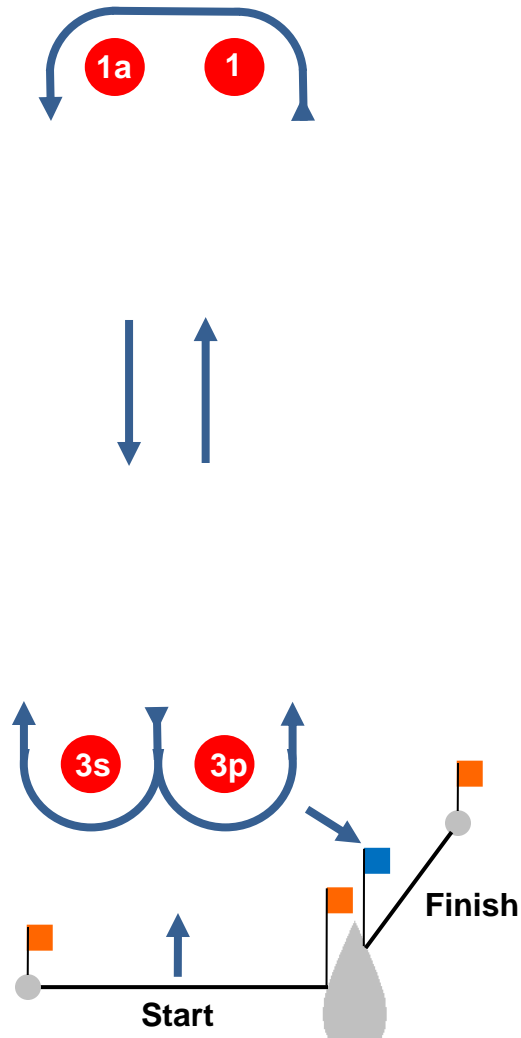
Indicative course areas



Addendum B

Course illustration and mark rounding order

Course L: Windward-Leeward



Signal	Mark Rounding Order
L2	Start - 1 - 1a - 3s/3p - 1 - 1a - 3p - Finish
L3	Start - 1 - 1a - 3s/3p - 1 - 1a - 3s/3p - 1 - 1a - 3p - Finish

If only one mark 3 is laid instead of a gate then it shall be left to Port.

If flag F with repeated sound signals is displayed by a race committee vessel stationed at or near marks 3s/3p, then boats shall leave mark 3p on its required side and proceed to the Finish. This adds to RRS 32.2.

