



ANCASTA ROSCOFF RACE

(an element of the COGS Offshore Series 2023)
Friday 28th & Saturday 29th April 2023

Organising Authority: RCYC Events Ltd,
Falmouth, Cornwall, UK
in conjunction with the Royal Cornwall Yacht Club

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS). Rules are changed as follows:
- (a) RRS Part 2 shall not apply between the hours of local sunset and sunrise, and shall be replaced by the right-of-way rules of the International Regulations for Preventing Collisions at Sea (IRPCAS);
 - (b) Rules 26, 27 and 29 – see SIs 4.2 & 10.3
 - (c) Rule 35 and A4.1 - see SIs 10.4 & 12;
 - (d) Rule 60.1(b) - see SI 10.3;
- 1.2 IRC Rules, Parts A, B and C apply, Part D will not apply.
- 1.3 World Sailing Offshore Special Regulations (OSR) 2022-2023, Category 3 with Category 2 liferaft will apply.
- 1.4 Local regulations apply concerning safe navigation in close proximity of vessels constricted in their ability to manoeuvre, and dive vessels (see SI 9).
- 1.5 IRC Rule 22.4 will not apply. There will be no limitations on crew number or weight.

2 NOTICES TO COMPETITORS

Notices will be displayed on the sailing notice board at the RCYC.

3 CHANGES TO SAILING INSTRUCTIONS

Changes to the sailing instructions will be published on the official notice board before 1000 on Friday 28th April. Changes may also be published on the RCYC and COGS websites, and the race officer may also give verbal information on marine VHF Ch. 69.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore, including postponement and abandonment signals, will be displayed on the signals mast at the RCYC.
- 4.2 No visual signals, including starting signals, will be made at Pendennis Point (see SI 10.3). This changes RRS 26, 27 and 29.

5 SCHEDULE

Date	Activity	Time	Location
Friday 28 th April	IRC first warning signal	1825	Pendennis headland
	YTC first warning signal	1830	Pendennis headland
Saturday 29 th April	Race time limit	1800 – local time	-
	Deadline for submitting finish declarations. <i>Yachts finishing on or close to the time limit may submit their declaration to the COGS results officer electronically, by phone or by VHF</i>	1815 – local time	-
	Prize-giving	Evening	Venue to be announced

6 CLASS FLAGS

Class flags shall be flown from the backstay or mainsail leech as follows:

Class	Flags
IRC	IC “1” and “Z”
SWYTC	IC “E” and “Z”

7 RACING AREA

The start will be in the vicinity of Pendennis Point. The racing area will be the English Channel from Falmouth to Roscoff.

8 THE COURSE

The course will be from the start off Pendennis Point, Falmouth to the finish at the “Astan” BYB east cardinal buoy, situated in approximate position N48° 44'.914 W003° 57'.664. Distance is about 94 nautical miles.

9 AREAS THAT ARE OBSTRUCTIONS

- 9.1** Merchant and naval shipping. Areas around merchant and naval vessels underway in the Falmouth pilotage area and constricted in their ability to manoeuvre are designated as moving exclusion zones. Such exclusion zones extend to 100m on all sides of the vessel and include tugs, pilot boats and safety boats escorting the vessel. No boat shall enter the exclusion zone, and, if becalmed, shall endeavour to use other means of propulsion to move out of the way. This should only be sufficient to move out of the exclusion zone, and the distance travelled should be the shortest necessary to keep clear. Competitors who unnecessarily interfere with shipping bring the sport into disrepute and risk reporting by the race committee under RRS 69 – Gross Misconduct. A complaint by the Harbour Authority will initiate a report by the race committee.
- 9.2** Diving activity. Exclusion zones extend 30m around a dive boat displaying international code flag “A”, an orange pillar mark indicating a diver beneath the surface, and a diver on the surface. No boat shall enter the exclusion zone.
- 9.3** Traffic Separation Zones. In order to cross shipping lanes safely the use of the vessel's engine is permitted where required.

10 THE START

- 10.1** The start line will be a line extending east from a transit formed by the orange triangle and the PoFSA signals mast on Pendennis Point at the west side of the entrance to Falmouth Harbour. Boats shall start by crossing from north to south. The line will be bounded at the port end by the Black Rock isolated danger mark, and at the starboard end by the shore. Black Rock and the shoreline of Pendennis Point have outlying reefs. Competitors are advised to familiarise themselves with the extent of these reefs on the appropriate chart, and keep clear.
- 10.2** An alert will be broadcast on VHF Ch. 69 at 1820
- 10.3** Starting sound signals and verbal commentary will be broadcast on VHF Ch. 69. Failure to hear or receive this broadcast shall not be grounds for redress. This changes rule 60.1(b).
- 10.4** A boat starting later than 20 minutes after her starting signal will be scored DNS. This changes RRS 35 and A4.1.

11 THE FINISH

- 11.1** The finish line will be a line extending 90° (magnetic) from the finish mark. Boats shall pass within 2 boat lengths of the mark or of a boat overlapped inside.
- 11.2** All boats shall note their finish time and submit it to the COGS finish officer at Bloscon Marina on the form available for download from the RCYC website.

12 TIME LIMIT

The time limit for all boats is 1800 (local time) on Saturday 29th April. This changes rule 35.

13 PROTESTS

Protest forms are available to download from the RYA website, and shall be lodged with the COGS race finish officer within one hour of the last boat finishing. Hearings will take place at the RCYC as soon as practicable after boats return to the UK. Parties will be informed of the schedule of hearings by email.

14 SAFETY REGULATIONS

- 14.1** Competitors are reminded of their obligations under RRS Fundamental Rule 1.1. Any restrictions on radio communications in these sailing instructions does not relieve boats of their responsibility to maintain a proper radio watch at sea or to implement the correct distress and emergency communications when related to safety of crew, boat and others at sea. Competitors not adhering to this procedure may be subject to protest by the race committee.
- 14.2** All persons-in-charge shall confirm the boat name, sail number and declare the number of people on board via VHF Ch. 69 to the race officer no later than 10 minutes before the first scheduled warning signal. If the number and/or identity of crew members is different from the information declared on the crew list then the person-in-charge shall provide updated and accurate information.
- 14.3** A boat that retires from the race, or is unable to cross the finish line before the time limit, shall notify the race officer or the race committee by the following means:
- (a) Race officer, 077 3345 7496, or
 - (b) RCYC Events Ltd. 07711 563694

15 EQUIPMENT AND MEASUREMENT CHECKS

The OA may inspect boats and equipment for compliance with the rules of the regatta. Inspections will take place in Falmouth before the start. On the water a boat can be instructed by the race committee to proceed immediately to a designated area for inspection.

16 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

17 PRIZES

- 17.1** Prizes will be awarded for 1st to 3rd places in each class. The organising authority may also award other prizes depending on the number of entries.
- 17.2** A prize-giving will be held at Bloskon Marina on 29th April, at 1800 or as soon as practicable thereafter.

18 RISK STATEMENT

- 18.1** Rule 4 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone”.
- 18.2** Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions and omissions;
 - (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - (e) Provision of a race management team, and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - (f) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event;
 - (g) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.
- 18.3** The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of each competitor set out in the notice of race and these sailing instructions.

19 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent. Competitors will be required to sign a declaration to this effect at registration.