



## COGS Coastal Series 2023

### Sponsored by:

**Excel Marine**

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**Ancasta, Mylor**

**Penrose Sailmakers**

**South West Play**

**Mylor Yacht Harbour**

**St Austell Brewery**

## NOTICE OF RACE (NoR)

### **Preamble**

COGS is not an organising authority but works with the organising authorities of the seven individual coastal races listed below to coordinate a series. This document is a common NoR for the seven coastal races in the series and has been written and issued jointly by each organising authority. Each organising authority is responsible for their individual race and will issue sailing instructions accordingly.

## Organising authorities:

<b>Race 1</b>	Falmouth to Fowey	<b>RCYC Events Ltd</b>
<b>Race 2</b>	Gull Rock-Manacles	<b>Flushing sailing Club</b>
<b>Race 3</b>	Plymouth to Fowey	<b>Saltash Sailing Club</b>
<b>Race 4</b>	Eddystone Race	<b>St Mawes Sailing Club</b>
<b>Race 5</b>	Falmouth to Penzance	<b>Penzance Sailing Club</b>
<b>Race 6</b>	Fowey to Helford	<b>POFROC</b>
<b>Race 7</b>	Falmouth Coastal race	<b>Mylor Yacht Club</b>

## 1. RULES

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- 1.1** The series will be governed by the rules as defined in *The Racing Rules of Sailing 2021-2024* (RRS).
- 1.2** Rules will be changed by the sailing instructions as follows:
- (a) 26 - to allow staggered starts and pursuit races;
  - (b) 26 - to allow VHF broadcasts in place of flag signals;
  - (c) 28, A4 & A5 - to allow a start window and to score boats DNS without a hearing;
  - (d) 29 - to replace individual recalls by fixed time penalties;
  - (e) 32 - to allow shortening course to be signalled by VHF radio;
  - (f) 33 - to allow course changes to be signalled by VHF radio;
  - (g) 35, A4 & A5 - to allow finish time limits and to score boats DNF without a hearing;
  - (h) 62 - to limit a boat's right to redress.
  - (i) 52 To allow the use of autopilots for all entrants.
- The changes will appear in full in the sailing instructions. The sailing instructions may also change other racing rules.
- 1.3** The IRC Rules 2023 Parts A, B and C will apply.
- 1.4** IRC rules will be changed as follows:
- 22.4 - to remove the restriction on crew numbers and weight.
- The change will appear in full in the sailing instructions. The sailing instructions may also change other IRC rules.
- 1.5** World Sailing Offshore Special Regulations (OSR) 2022-2023 will apply. The category will be specified by the organising authority of the race and described in the sailing instructions.
- 1.6** Local regulations will apply concerning safe navigation in close proximity of commercial and military vessels restricted in their ability to manoeuvre, and dive vessels. Full details will be given in the sailing instructions for each race.
- 1.7** In the event of conflict between this notice of race and the sailing instructions then the sailing instructions shall prevail.

## 2. ADVERTISING

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- 2.1** Boats may be required to display advertising chosen and supplied by the organising authority.

## 3. ELIGIBILITY AND ENTRY

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- 3.1** Racing will be provided for IRC and RYAYacht Time Correction (YTC) monohull boats, either fully-crewed or two-handed.

- 3.2** Entrants shall opt to sail under IRC, YTC or YTC White Sail before the warning signal of the first race which they enter and will not be permitted to change at any time thereafter during the series.
- 3.3** Entry is open to boats that:
- (a) are seaworthy and which comply to the ISAF Offshore Special Regulations specified by the organising authority of each race;
  - (b) hold a current and valid IRC rating (primary certificate or short-handed certificate) or a valid YTC certificate;
  - (c) have completed an entry form and paid in full;
  - (d) are registered with the RYA SafeTrx voluntary safety identification scheme at [www.safetrx.rya.org.uk](http://www.safetrx.rya.org.uk);
- 3.4** YTC boats will be handicapped in accordance with the YTC Policy and Procedures applicable to 2023. Boats may apply for a YTC number and a YTC certificate by completing the online form at [www.swytc.org.uk](http://www.swytc.org.uk). Boats will be required to provide the following data: length overall, waterline length, beam, draft, displacement, year of build, upwind sail area and downwind sail area, as well as information concerning the propeller configuration and the keel profile.
- 3.5** YTC numbers will not be adjusted during a series except to correct an error in the SWYTC application process or to reflect a change in a boat's data during the series.
- 3.6** The issue of a boat's YTC number or an adjustment in YTC number is not grounds for redress; this changes the definition of Rule 62 Redress.
- 3.7** All entries shall be submitted on-line at [www.cogsracing.org.uk](http://www.cogsracing.org.uk)
- 3.8** Entries shall be submitted no later than midday on the Wednesday before the scheduled race date (the onus is on the competitor to ensure the entry has been received in time).
- (a) Late entries may be submitted between midday on the Wednesday before the scheduled race and no later than two hours before the start of that race.
- 3.9** An entry is not complete until:
- (a) the entry fee has been paid in full;
  - (b) a copy of the IRC or YTC certificate has been submitted to COGS;
    - (1) new certificates shall be sent by email to [chairman@cogsracing.org.uk](mailto:chairman@cogsracing.org.uk) to be received no later than 24 hours before the scheduled start of the next race.

#### **4. FEES**

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- 4.1** The series entry fee is **£75**.
- 4.2** The entry fee for individual races is **£25** per race.
- 4.3** Late IRC entries (see 3.8(a)) will be subject to an **additional £10 late entry fee**.
- 4.4** Payment must be made by BACS using the account details stated in the on-line entry system.

#### **5. SCHEDULE**

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- 5.1** The schedule of races is listed in Appendix A
- 5.2** The organising authority has the absolute right to cancel an event, postpone an event or rearrange an event to a different date. Such changes shall not be cause for redress.

## **6. EQUIPMENT INSPECTION**

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- 6.1** The organising authority may inspect boats and equipment for compliance with the rules of the series.

## **7. SAILING INSTRUCTIONS**

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- 7.1** Sailing instructions will be posted on-line at [www.cogsracing.org.uk](http://www.cogsracing.org.uk) at least seven days before the race and may also be obtained from the organising authority.

## **8. VENUE AND COURSES**

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- 8.1** The race office for each race will be as described in the sailing instructions.  
**8.2** The racing area will be 04.00W to 06.00W; courses for each race will be as described in the sailing instructions.

## **9. BERTHING**

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- 9.1** Official information governing berthing for each race will be given in the sailing instructions for that race.

## **10. RADIO COMMUNICATION**

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- 10.1** Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.  
**10.2** The race committee may make VHF radio announcements to competitors during the race and during the pre-start period. Any announcement, or failure to receive an announcement, shall not be cause for redress.  
**10.3** Boats shall advise the race committee by VHF radio the name of the boat and the number of crew on board no later than the warning signal for fleet starts or 30 minutes before a boat's individual start time for a Pursuit race.

## **11. PRIZES**

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- 11.1** Prizes will be awarded for 1<sup>st</sup> to 3<sup>rd</sup> places in the IRC, YTC, IRC Two-handed and YTC Two-handed classes. This may vary depending on the number of entries. Any yacht may enter a Two-handed class (either IRC or YTC) by notifying the race officer before the start or within one hour of finishing.  
**11.2** An inter-club championship will run throughout the series. Three yachts plus a reserve will be nominated by the Club's COGS representative (these need not be the same yachts in all races). The inter-club championship will be awarded to the club with the least number of points at the end of the series.  
**11.3** The Top Yacht Trophy is awarded to the boat that has sailed the most races and attained the least number of points in the IRC or YTC series. The trophy is retained by the winner.  
**11.4** Details of prizes are given in Appendix B.  
**11.5** COGS and the organising authority may also award other prizes.

## **12. SCORING**

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- 12.1** The following changes Appendix A Scoring  
**12.2** One race is required to constitute the series.  
**12.3** When fewer than five races have been completed, a boat's score shall be the total of her race scores.  
**12.4** When five races have been completed, a boat's score shall be the total of her

- race scores excluding her worst score.
- 12.5** When six races have been completed, a boat's score shall be the total of her race scores excluding her two worst scores.
- 12.6** When seven races have been completed, a boat's score shall be the total of her race scores excluding her three worst scores.
- 12.7** For the inter-club championship, the sum of the scores of the nominated boats in each club team will be used to define the score of the club in each race.
- (a) If a team is not submitted, or is incomplete, then up to three yachts from that club with the worst scores in the race will be used to make up a team.
  - (b) If a position on the team cannot be filled then a DNS will be awarded using the higher value of DNS from the IRC or YTC fleet. The maximum score that could be assigned is, therefore, three times DNS. It should be noted that a DNS score is based on the number of boats entering the series and this will not be known until the last race.
- 12.8** A club's series score will be determined as per paragraphs 12.1 to 12.6.

### **13. RISK STATEMENT**

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- 13.1** Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".
- 13.2** Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- (a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
  - (b) they are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
  - (c) they accept responsibility for any injury, damage or loss to the extent caused by their own actions and omissions;
  - (d) their boat is in good order, equipped to sail in the event and they are fit to participate;
  - (e) provision of a race management team, and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
  - (f) they are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.
- 13.3** The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of each competitor set out in this notice of race.

### **14. INSURANCE**

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- 14.1** Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent. Competitors will be required to sign a declaration to this effect at registration.

### **15. MEDIA RIGHTS**

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- 15.1** Competitors and/or their Guardians automatically grant to the organising authority and any party to which they may delegate this right, without payment the right in perpetuity to make, use and show (including via the internet), any

motion pictures, still pictures, live, taped or filmed television or any other form of media, of or relating to the event.

## 16. FURTHER INFORMATION

- 16.1 For further information governing the races and series please visit [www.cogsracing.org.uk](http://www.cogsracing.org.uk) or contact the individual organising clubs or the club's COGS representative.

Organising authority	Club contact details	COGS representative
RCYC Events Ltd	Greenbank, Falmouth TR11 2SW Tel: 01326 312126	Gilly Fox 07815 899529
St Mawes Sailing Club	1 The Quay, St Mawes TR2 5DG Tel: 01326 270920	Andrew Laming 07737 536010
Helford River Sailing Club	Helford, Helston TR12 6LB Tel: 01326 231006	Johnny Walker 07966 565376
POFROC	Whitford Yard, Fowey PL23 1BH Tel: 01726 833573	James Dowrick 07742 155853
Flushing Sailing Club	New Quay, Flushing TR11 5TZ Tel: 01326 374043	Ian Jakeways 07733 125969
Saltash Sailing Club	Tamar St, Saltash PL12 4EL	Phil Hooper 07481 683666
Penzance Sailing Club	Albert Pier, Penzance TR18 2LL	Simon Copperwait 07970 494771
Mylor Yacht Club	Mylor Church Town TR11 5UF Tel: 01326 374391	Tim Lukes 01736 793168

## Appendix A to COGS Coastal Series 2023 NoR

### Schedule of races

Date	Organising authority	Race Coastal/Offshore (Sponsor)	Course and approximate distance	Safety requirements	Prize-giving
15/04/23	RCYC Events Ltd	Sharps Brewery Falmouth – Fowey Race <b>Coastal (Sharps Brewery)</b>	Falmouth to Fowey <b>35 miles</b>	ISAF OSR Category 4 with life raft	Fowey Gallants Sailing Club
28/05/23	Flushing Sailing Club	Formation Marine Gull Rock – Manacles Race <b>Coastal (Formation Marine &amp; South West Play)</b>	Falmouth, Gull Rock, Gwineas Buoy, Manacles, Falmouth <b>35 miles</b>	See Sailing Instructions	Flushing Sailing Club
03/06/23	Saltash Sailing Club	Saltash Coastal Race <b>Coastal (Skinners Brewery)</b>	Plymouth to Fowey <b>25 miles</b>	See Sailing Instructions	Royal Fowey Yacht Club
17/06/23	St Mawes Sailing Club	St Mawes Hotel Eddystone Race <b>Coastal Overnight (Freshwater Boatyard)</b>	St Mawes, Eddystone Lighthouse, St Mawes <b>90 miles</b>	See Sailing Instructions	St Mawes Sailing Club
15/07/23	Penzance Sailing Club	A2 Rigging Penzance Race <b>Coastal (A2 Rigging)</b>	Falmouth River to Penzance <b>35 miles</b>	See Sailing Instructions	Penzance Sailing Club
09/09/23	Port of Fowey Race Organising Committee (POFROC)	The St Austell Brewery Falmouth to Fowey Race <b>Coastal (St Austell Brewery)</b>	Fowey-Helford <b>30 miles</b>	ISAF OSR Category 4 with liferaft	Royal Fowey Yacht Club
23/09/23	Mylor Yacht Club	Mylor Yacht Harbour 'Lay up' Cup <b>Coastal</b>	Choice of courses in the area of: TheLizard to Gwineas Buoy <b>30 miles</b>	See Sailing Instructions	Mylor Yacht Club

## Appendix B to COGS Coastal Series 2023 NoR

### Race prizes

Race	IRC	YTC	Two-handed IRC & YTC
Sharp's Brewery Fowey Race <i>Additional prizes by Henri Lloyd</i>	1 <sup>st</sup> - Sharps Brewery Trophy & glassware	1 <sup>st</sup> - Sharps Brewery Cup & glassware	1 <sup>st</sup> - Fowey Two handed Cup
	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware
Skinners Brewery Saltash Coastal Race <i>Additional prizes by Skinners Brewery</i>	1st - RNSA Malta Bowl & glassware	1st - Trophy & glassware	1st - Glassware
	2nd & 3rd - Glassware	2nd & 3rd - Glassware	2nd & 3rd - Glassware
Formation Marine Gull Rock – Manacles Race <i>Additional prizes by South West Play</i>	1 <sup>st</sup> - Formation Marine GRP winch & glassware	1 <sup>st</sup> - Formation Marine GRP winch & glassware	1 <sup>st</sup> - Glassware
	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware
St Mawes Hotel Eddystone Race <i>Additional prizes by Idle Rocks Hotel</i>	1 <sup>st</sup> - Idle Rocks Trophy & glassware	1 <sup>st</sup> - Turtle Dove Trophy & glassware	1 <sup>st</sup> - Glassware
	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware
A2 Rigging Penzance Race <i>Additional prizes by A2 rigging</i>	1 <sup>st</sup> - A2 Rigging Trophy & glassware	1 <sup>st</sup> - A2 Rigging Trophy & glassware	1 <sup>st</sup> Glassware
	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware
The St Austell Brewery Falmouth to Fowey Race <i>Additional prizes by St Austell Brewery</i>	1 <sup>st</sup> – RFYC St Winnows Cup & glassware	1 <sup>st</sup> - St Austell Brewery Pump Handle & glassware	1 <sup>st</sup> Glassware
	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware
Mylor Yacht Harbour 'Lay Up' Cup	1st - Mylor Yacht Harbour Lay Up Cup & glassware	1st - Mylor Yacht Harbour Lay Up Cup & glassware	1st Mylor Yacht Harbour Lay Up Cup & Glassware
	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware	2 <sup>nd</sup> & 3 <sup>rd</sup> - Glassware



**Series prizes - sponsored by Mylor Chandlery and Premier Marinas**

<b>Coastal series (sponsor)</b>	<b>1<sup>st</sup> place</b>	<b>2<sup>nd</sup> &amp; 3<sup>rd</sup></b>
<b>IRC</b>	The Gweek Quay Lutine Trophy & glassware	Glassware
<b>YTC</b>	The Adela Trophy & glassware	Glassware
<b>Two-handed</b>	Morvah Trophy & glassware	Glassware
<b>Inter-Club Championship</b>	The HMS Seahawk Trophy	-
<b>Top Yacht Trophy + Champagne (Penrose Sail Makers)</b>	Top Yacht Trophy	-